

Services and Chants
Mountains and Waters Sesshin 2023

Beginning of Day

Robe Chant 2

Morning Service A (Sun. Wed. Sat.)

Purification Verse/English Refuges 2

Hannya Shingyo 5

Hymn to the Perfection of Wisdom 6

Enmei Jukku Kannon Gyo 6

Harmony of Difference and Equality 8

Morning Service B (Mon. Thurs.)

Purification Verse/Refuges 2

Heart of Great Perfect Wisdom Sutra 4

Hymn to the Perfection of Wisdom 6

Ten-Verse Kannon Sutra (last page)

Song of the Jewel Mirror Samadhi 10

Morning Service C (Tues. Fri.)

Purification Verse/Refuges 2

Heart Sutra 4

Hymn to the Perfection of Wisdom 6

Shosaimyo Kichijo Dharani 6

Fukanzazengi 13

Dharma talk chants 3

Noon Service

Metta Sutta 7

Except Tuesday: Enmei Jukku Kannon Gyo 6
with Well-being service eko

Evening Service

Daihi Shin Dharani 17

Except Friday with Memorial service eko

End of day Pali Refuges 2